

# The Medicalisation of 'Prevention'

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Alternative therapy practitioners have always emphasised the need for prevention of disease rather than cure. Now our orthodox friends have cottoned onto this idea, only they believe that 'prevention' can only be achieved with drugs! Drugging people to health is their credo. Some of them even believe amazingly enough that prevention of disease is not even possible!

The practice of making healthy people into patients by extending risk thresholds for cardiovascular disease, diabetes, stroke, etc. has been taking place slowly - so slowly in fact that many people who visit a doctor have no idea that there are now official 'guidelines' set down by Government Departments that have widened the range of people to be targeted for treatment.

This treatment involves the use of blood pressure drugs because the thresholds of what constitutes 'high blood pressure' have been lowered. Statin drugs to lower cholesterol, with all their attendant side effects, even though 'high cholesterol causes disease' has not been absolutely proven and even more worryingly now children are being checked for high cholesterol in the USA. Eventually of course this will cross the Atlantic.

A plethora of other 'drugs-for-prevention' are being touted at every GP's surgery the length and breadth of Britain. The idea of using a pharmaceutical drug to prevent disease is an anathema to an alternative practitioner. This shift in emphasis to 'prevention' has been pirated by allopaths from alternative medicine.

Unfortunately our EU masters and New Labour, from where this new approach originates, want to shift health care options away from low-cost self-care, personal freedom and responsibility on the part of the individual to state-licensed health care administered by a state-registered 'professional' and 'expert' only. To remove from the patient such options as choosing herbs, nutritional supplements, homeopathy or any other natural health care and to give them only **one** choice for 'prevention' - the use of pharmaceutical drugs, is the Agenda. In other words, the creation of a medical dictatorship with only drugs or surgery or both.

Medicalising conditions that were once considered normal, is not only dangerous -because healthy people may be taking drugs that they don't really need - it is also very costly to the British taxpayer. How much harm could this be doing? As yet it has not been evaluated. The new approach also puts pressure on an NHS that is already at breaking point.

Unfortunately, this unhealthy state of affairs is what mainstream medicine believes is 'preventative medicine'. It is a sheer travesty of the word prevention. These orthodox medics do not even understand the concept of prevention, having been brainwashed at medical schools geared towards herd thinking rather than independent thinking but they have jumped on board the 'complementary medicine' bandwagon with alacrity. This is because they have observed that millions of people are turning to alternative medicine and its practitioners in order to stay well in a toxic and polluted world. It upsets them that their authority is being challenged by those they view as 'pretenders' without a medical degree, these lay practitioners who are 'unqualified'. After doing a week-end course in CAM, these doctors then consider themselves to be 'qualified'. What a joke!

Prevention, according to the orthodox model, is a matter of lowering risk factors so more people can be 'treated'. In the end there will be no one who is not on some sort of pill for some kind of disease that has been 'diagnosed' and I don't have to tell you who benefits, do I?!

The latest information out is that New Labour in cahoots with Big Pharma and the medics want everyone over 40 on statins, regardless of whether they need them or not! You already know that the pharmaceutical companies are not concerned with good health. They are only interested in profits for their shareholders and the big cholesterol myth has never been proven anyway.

This unhappy situation highlights in bold relief the lack of understanding that conventional doctors have of the word *prevention*. By contrast, alternative practitioners have a completely different and opposing view. They believe that holistic health care is based on aligning all of the body's systems - mind, body and spirit, working towards homeostasis, the achievement of balance, so that all of these systems can begin to heal on many different levels. In order to restore this equilibrium which will then allow the body's innate ability to heal itself, many different types of alternative therapies are practised. Through the use of wise choices regarding the alternative techniques best suited to a person's needs, a holistic health-care method can be chosen.

There are many alternative therapies, none of them properly understood by the allopaths simply because they are trained in medical science which does not recognise either an energy force within the body or that the body has the intelligence to heal itself given the right tools. They are simply not sensitive to these type of ideas nor are they open minded. There are very few original thinkers amongst them and they would have you believe that only the 'scientists' have any type of knowledge. This may be so, but do they have wisdom? I have seen precious little evidence of it in the raucous cabal of debunkers who populate the media with their frequent calls for alternative medicine and its practitioners to be banned. This type of unconventional medicine is difficult for conventional doctors to believe, as they see this type of thinking as some type of weird New Age nonsense. Secular science with its atheistic foundation cannot and will not accept an energy system or a spiritual aspect to Man.

The medical profession has long viewed alternative medicine with scepticism amounting in some areas to outright hostility and scorn. This attitude still persists even though doctors have tried to annex these therapies into mainstream medicine in order to control them and to marginalise the true therapists who have been practising these gentle arts for decades with little problem and under UK Common Law. The right to practice them was granted by Henry VIII and this Act of Parliament has never been repealed. Although the EU supplement Directive and EU Herbal Directive is riding a coach and horses through our UK Common Law, nevertheless these Directives are illegal according to British Common Law. EU laws only benefit big business and the mega-corporations. British Common Law benefitted the people.

Some people believe that because we now have 'complementary' medicine this negative attitude has evaporated. Nothing could be further from the truth. In the past few months yet again, the same old gang of vocal orthodox scientists have been particularly dismissive of natural therapies via a compliant media. They have been extremely critical of any claims made by alternative practitioners that homeopathy works, herbalism is valid, or in fact that any unorthodox therapy works at all. Just about every one is dismissed as useless, or even worse, as dangerous.

In his latest book, *Trick or Treatment*, Edzard Ernst has actually called for the therapies he deems to be 'useless' to be BANNED! I thought we lived in a democracy? Who is this dictator to call for a ban on therapies that, whatever his views, people derive benefit from. If this is the case then they cannot be deemed useless, even though science may not know how they work. Are we to assume that science knows how everything works? Usually what is scientific fact today, years later becomes allocated to the trash can! Just look at Galileo.

These Mugabe-style guardians of the public good are nothing more than absolute despots who want to clear the field for their toxic therapeutics and annihilate all competition, so there is nothing left but drugs for people to take - in a feeble attempt to stave off the ravages of the biggest scourges of the West, namely arthritis, cancer, heart disease, stroke and auto-immune diseases. If they really do believe that natural therapies are useless, it is because they are the Flat-Earthers who could not see further than their noses in the Dark Ages - and the same applies now. Instead of becoming more neutral and open-minded over the years, the conventional medical attacks have become more hostile and aggressive.

So the old polemic continues and when people ask their GP what vitamin or herb they should take and they give some sort of answer believing they are giving 'complementary medical advice', their first port of call before recommending a vitamin or herb will still be a new drug for blood pressure control as prevention, a new pill or even a well established one for control of cholesterol - and so it goes on.

The medical school dogma and indoctrination cannot be shaken off easily. There are very few free thinkers in medicine! They are frowned upon by the professors as they could prove to be a problem! These unusual thinkers are usually to be found in Alternative Medicine. They are the visionaries whose therapies are usually heresy today but eventually found to be valid after all.

Think of nutrition. For years medical opinion scoffed at the idea that food could actually influence health. What do we hear now? Diet, diet, diet and '5 fruits and vegetables' per day is the mantra sung from every medical hymn sheet. Before, you were considered the lunatic fringe if you believed that food was medicine but now we have the state-sanctioned health fascists telling everyone to eat healthily, to cut out fat, get out the cycle, exercise and no end of other health advice, health prohibitions and health coercion. Woe betide anyone who does not do what these state-sponsored Gestapo say and they are everywhere! This area has also now become part of the medical dictatorship where they have taken over the healing art of naturopathy and nutrition and again turned it into an orthodox system. It is even being mooted that childhood vaccinations are going to become compulsory, which is because unfortunately whilst everyone was asleep at the wheel, the EU took over our Public Health!

*People must accept that a gulf will always exist between mainstream medicine and alternative medicine.* The idea of 'complementary' medicine is illusory. A scientific committee set up by the BMA some years ago came to the conclusion that although modern conventional medicine was failing to give patients what they wanted, the effectiveness of the alternative therapies themselves were impossible to prove scientifically. If this is the case, why are they now recommending something that they do not believe can be scientifically evaluated? The reason of course is because **people want these therapies**, and **they** want to be the ones in charge, not 'unqualified alternative therapists' who might pose a danger to patients.

They do not respect or even recognise the credentials of alternative therapists unless they have qualified in a State registered body. The schools they qualified at are always found to be wanting because they do not usually preach state dogma or politically correct complementary therapies. Also they simply cannot understand the mind, body spirit connection. Science does not believe in a spiritual energy because it cannot be dissected in a laboratory!

Scientific committees to 'evaluate alternative therapies' are set up again and again and the end result is always the same – that the therapies are unscientific and useless and if people want preventative medicine it can only be done with drugs. These committees are always biased towards orthodox medicine, there may even be conflicts of interests and the panel usually has no members with first hand knowledge of the subject they are supposed to be assessing. It is quite incredible really. It is like asking a plumber to come and look at your car and expecting him to give you a good estimate regarding repairs you may need for the vehicle. You would of course call a car mechanic if you had any sense. This is the only area where the non-qualified are asked to assess a subject they know nothing about and yet society has set them up as 'Experts'!

Another report was brought out by the BMA several years later called *Complementary Medicine – New Approaches to Good Practice*. This did not in any way attempt to investigate the efficacy of the alternative treatments studied but explored ways in which the public could be protected against *unskilled* or *unscrupulous* practitioners. It was taken as given that anyone who was a practising alternative therapist was a). unskilled and b). unscrupulous. What other profession would tolerate such slanderous accusations? Its main recommendation was that a single regulating body should be established for each therapy.

This has been pushed by the EU whose most powerful lobby groups are made up of Big Pharma and the European medical cartel. It would ensure a public register of practitioners, a code of practice, effective disciplinary procedures and sanctions and adequate and supervised training regulations and it would be set up by the State. This is a very noble and worthy aspiration but when it comes to striking

allopathic doctors off the GMC medical register because of some botch up ending in a patient dying, the system used is nowhere near as harsh and punitive and it is incredibly difficult to get an orthodox doctor struck off. Even when this happens, 6 months later they can practise again, and they can also practise in private medicine whilst struck off!

Just a few weeks ago a very famous TV doctor had been struck off the Register for plagiarism but no one has called him a quack! Had this been an alternative medical practitioner all hell would have broken loose!

Most alternative therapies have well-established training programmes and strict ethical guidelines that regulate the way in which practitioners operate. Further regulation coming from the EU was not warranted and has only been brought about so that these therapies can be controlled and put under the auspices of conventional doctors, thus removing the 'non-medically trained' practitioners once and for all. The lay practitioners as they are called have long been a giant and painful thorn in the flesh of orthodoxy and now with the new EU regulations, it would like to remove them.

The NHS is crumbling, with very sick patients hardly getting the treatment they need, waiting lists getting ever longer, prevention being a buzz word adopted from the alternatives but used only in the context of the orthodox, i.e. take this drug to prevent a disease and poisoning your system while doing it.

People are clamouring for natural ways to prevent disease and although many now do consult doctors regarding natural therapies, the fact that they still consult alternative therapists, means the advice they are receiving from their doctors is less than satisfactory. Under constant assault by various so-called 'Experts' in conventional medicine, unconventional healing therapies are still viewed as dangerous and the practitioners as dishonest quacks.

However, an increasing number of people do not share this view and unorthodox forms of medicine continue to be demanded by patients. This is a situation that the EU and its cohorts in 'scientific medicine' find a remedy that is hard to swallow. If we are not to have every little thing medicalised in order to have it put right with a pill, we must fight these assaults so that we can save natural medicine.

The way forward is obvious, retain UK Common Law where there were precedents built up over centuries that a corrupt system like the EU could not overcome. Common Law with its inbuilt checks and balances gave us freedom. Campaign to leave the EU – it will be an alternative medicine that our political elite will have to take in masterful doses but it must be done - our preventative health depends upon it!

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